EQUANI
SPA

Equani Spa FAQ'S

Hours of operation: Please call for current hours of operation. 706-379-2336 – Open Thursday through Sunday

Valet parking is available at the Resort for Spa guests. Terms and conditions apply. Shuttle service is available for resort guests. Please notify the front desk staff when shuttle service is needed.

Complimentary use of steam rooms, hot tub and relaxation areas are included with treatment bookings.

We recommend you arrive at least 30 minutes prior to your appointment, allowing time to shower, change into your robe and enjoy the steam experience rooms.

Please bring swimwear for use of the outdoor hot tub located on the Relaxation Deck.

If you have a massage or body treatment, we recommend you leave the product or oils on your skin for at least 24 hours after your treatment, before showering or bathing for full benefit of the therapeutic effects.

Please inform your therapist before your treatment session begins if you have any allergies, are pregnant, or if you have any medical conditions.

Children under 18 must be accompanied by an adult. Only selected services and specific areas of the spa are allowed.

We require 72 hours notice of cancellation of booking. Any services not cancelled within at least 24 hours before appointment time will be charged in full.

If you arrive late we may not be able to perform the full service due to other bookings. Payment in full will still apply.

Day Use passes are available at the Spa. Availability is limited and not sold in advance. This allows use of the relaxation deck area, sauna, steam and shower. There is also a self-guided tour and use of the Labyrinth.

For your convenience**, a 20% service fee will be added to all services**. Additional tipping is at your discretion.

Gift Vouchers and gift cards are non-refundable.

After-hours sessions may be available upon request. Additional charge will apply.

Please refrain from bringing jewelry and other valuables as we are unable to offer security boxes for these items.

For the comfort of all guests, this is a N**on-smoking facility.**

Cell phones and pagers must be on vibrating only. Cell phones are not to be answered within the Spa facility.

Weekday is considered Monday thru Thursday and Weekend is Friday thru Sunday.

Please note that all pricing is subject to change.

Hand & Feet Treatments

"Soothe the soul when you soothe tired, stressed hands and feet"

All hand and feet treatments are finished with filing and shaping of the nails and your choice of natural buffing or color polish application.

**Please note: Do Not shave your legs 12 hours prior to your Pedicure appointment.*

Simply Sugar Spa Manicure and Pedicure:

Luxurious sugar scrub leaves the skin exfoliated and moisturized. Smoothing away dryness and leaving the skin with a healthy glow

Simply Sugar Spa Manicure (25 minutes) Weekday: $45; Weekend $55
Simply Sugar Spa Pedicure (45 minutes) Weekday: $55; Weekend: $65

Marine Masque Manicure and Pedicure:

Inspired of the sea, marine botanicals and sea salts energize with quartz crystals and menthol cooling to refresh and revitalize – like a barefoot walk on the sand.

Marine Masque Manicure (25 minutes) Weekday: $45; Weekend: $55
Marine Masque Pedicure (45 minutes) Weekday: $55; Weekend: $65

Econ Fin (Paraffin alternative) Manicure and Pedicure:

Warm econ fin 100% natural with shea butter and essential oils is drizzled onto the skin and wrapped in booties with warm towels. This service leaves the skin supple and is excellent for guest with arthritis in the joints.

Eco Fin Manicure (25 minutes) Weekday: $45; Weekend: $55
Eco Fin Pedicure (45 minutes) Weekday: $55; Weekend: $65

Hand Grooming:

Nail Polish Repair *$25*
Buff and file *$25*

Shellac removal $25
Shellac removal with manicure $75
Mini pedicure: (25 minutes) $45

Face Treatments

"Release the Beauty Within"

A Bright Break:

Basic brightening peel for the face and décolleté'
This is a standalone service and cannot be paired with any other facial service due to the product type. During the 30 minute service the skin in cleansed, treated with the peel process and moisturized to protect.
Not for anyone pregnant or allergic to aspirin products
(30 minute treatment) Weekday: $75; Weekend: $85

Down to Earth:

A deep purifying facial based with organic clay and natural botanicals to gently exfoliate reduce impurities and rebalance oily, blemish prone skins.
(50 minute treatment) Weekday: $105; Weekend: $115

Skin Resonance:

A customized treatment with remarkable ingredients to soothe, strengthen and desensitize. Redness is eliminated and fragile sensitive skin is improved.
(50 minute treatment) Weekday: $105; Weekend: $115

Hydro Memory:

Deep hydrating and restoring treatment using organic skin care products. Exceptional moisturizing and restoration of dry dehydrated skin while promoting a silky skin texture.
(50 minute treatment) Weekday: $115; Weekend: $125

Back in Time:

A facial designed for woman with hormone aging skin that is regenerating, densifying and nourishing. This facial is performed with sublime skin products that leave your skin with ultimate cellular regeneration, ideal for pre & post-menopausal women. (Not for any guest that may be pregnant)
(50 minute treatment) Weekday: $125; Weekend: $135

Men's URTH Facial:

A men's clarifying and cleansing facial that leaves the skin hydrated with minimum shine and improved skin tone. Organic men's line products are used containing antioxidants and frankincense. This is great for all skin types.
(50 minute treatment) Weekday: $105, Weekend $120

Organic "Quick Fix" Facial:

This 30 minute facial is good for all skin types. Using all organic products made with orange flower, rose or mandarin oils cleansing, toning and moisturizing leaving neglected skin refreshed.
(30 minute treatment) Weekday: $65, Weekend $75

Massage Treatments

"Listen with your Heart"

Enjoy the breathtaking views of the Blue Ridge Mountains as you soak in the hydro jet whirlpool on your own private treatment room deck. This indulgence warms the body and loosens tight muscles pre-massage, enhancing the therapeutic results. See our full line of bath choices in our Bathing Experiences that can be added before your massage.

Swedish Relaxation:

Increases circulation, relieves muscle tension, pain and releasing of stress. The long kneading strokes promote total realization, a feeling of tranquility and heightened well being.

(50) Minute, Weekday: $110; Weekend $120
(80) Minute massage, Weekday: $150; Weekend $165
Couples Massage, (50) minute, Weekday $235 – Weekend $260
Couples Massage, (80) minute, Weekday $300 – Weekend $320

Integrative Deep Tissue:

A highly therapeutic full-body massage utilizes a variety of advanced massage techniques with deeper and more direct pressure on specific muscle groups.

(50) Minute, Weekday: $120 - Weekend $130
(80) Minute massage, Weekday: $160- Weekend $175
Couples Massage, (50) minute Weekday $260 – Weekend $280
Couples Massage, (80) minute Weekday $320 - Weekend $360

Mini Massage (Points)

This is A POINT of relaxation treatment. Choose your points from scalp & neck, shoulders & back or hands & feet for 25 minutes on the specific area needing attention. Excellent add on services to one of our facial or pedicure services when time is a factor.

Weekday $55 *Weekend $65*

Hot Stone Massage:

Using heated river stones, this massage treatment provides deep heat at strategic points on the spine, back, hands and feet. Muscles are warmed and relaxed with the combination of expert massage, deep penetration heat and customized oils.

(50) Minute, Weekday: $140; Weekend: $155 –
***Couples Massage** (50) minutes, Weekday: $285; Weekend: $305*
(80) Minute single, Weekday: $190; Weekend: $205 –
***Couples Massage** (80) minutes, Weekday: $360; Weekend: $390*

 For your convenience a 20% service charge will be added to all services.

Prenatal massage:

Perfect for the mommy-to-be!! With this relaxing light stroke massage, using all mommy in mind organic line products we will focus special attention to those areas that are causing you stress most during the pregnancy. The light strokes help with a decrease in water retention and muscle tension also using pillows to support you throughout the 50 minute massage. Our organic mother's balm designed to help prevent stretch marks is applied to the skin. This massage is suggested to pair with our mother's minute bath that is infused with organic bath oil that replenishes and relaxes mom before the massage. This service is recommended for women in their 2nd and 3rd trimester only.

(50) Minute, Weekday: $130; Weekend $140

7 Clan Ritual:

A highly detoxifying experience to stimulate circulation and balance the skin, the treatment begins with a European dry body brushing to exfoliate & stimulate the Lymph. This is followed by a 7 Clan application of a balancing mud masque. While relaxing in the cocoon, a scalp & face massage is performed for ultimate relaxation. After your shower rinse you choose a Deep Tissue or Swedish massage completing your journey leaving you with a relaxed, light and renewed feeling

(2) Hour treatment $245

Way of the Circle Ritual:

A skin enhancing mud masque is brush applied along with a traditional sun & moon technique. While enclosed in the cocoon, a face & scalp massage is performed to release tension & stress. Following a shower rinse, you get the choice of a Deep Tissue or Swedish massage that completes the circle.

(*2) Hour treatment $245*

Going to the Water Ritual:

Algae-infused oils are combined with a custom blend of essences to create an intensely moisturizing and relaxing soak. Next is a salt glow to exfoliate and cleanse, eliminating dry dead skin and stimulating circulation. An application of rich creamy mud from an ancient mineral spring spiked with aromatherapy oils to relieve the ache of sore muscles and swollen joints while bestowing systematic balance and renewed energy. While enclosed in the cocoon, the therapist will perform a gender specific facial to cleanse, calm redness, and hydrate along with a therapeutic scalp massage. Pure bliss

(2) Hour, (10) minute treatment $300

E-Lo-Hi Ritual:

The relaxation begins with a detoxifying mud wrap during which a scalp & face massage is performed. You will then relax and rinse in your private bubble bath infused with moisturizing oils. Completing this ritual is an (80) minute Hot Stone Massage. The ultimate in relaxation

(2.5) hour treatment $260

 For your convenience a 20% service charge will be added to all services.

NEW Natures Radiance Ritual:

This renewing ritual will leave your full body rejuvenated. We start with a 50 minute facial to restore your skins natural wellness. Next, you will have 50 minutes in a full body application of micro buffing and experience our hydro-capsule leaving your skin exfoliated and supple. We complete the service with a 50 minute pedicure choice or Eco Fin (paraffin alternative) or a Marine Masque. This ritual truly is a head to toe renewal.

2.5 hour treatment $280

Seasonal Bathing Experiences

To provide a multitude of benefits including relaxation, detoxification, stress relief, increased circulation, skin toning and rejuvenation, choose one of our Hydrotherapy Tub Bathing experiences to add to your treatment. Color therapy lights and unique mineral, marine and aromatherapy preparations enhance your truly therapeutic and memorable experience. Every treatment room has a private deck with Hydro Tub allowing you to enjoy the outstanding Blue Ridge Mountain scenic views from your Tub, leaving your entire body free of tension and newly energized.

Signature Bath:

Algae-infused oils are combined with a custom blend of essences to create an intensely moisturizing and relaxing soak prior to your body massage.

20 minute treatment Weekday: $55; Weekend: $65

Botanical Mud Bath:

Experience intense detoxification with a body brush application of botanical mud and a soak in a Hydra-jet tub with custom essential oils, followed by a full body and scalp massage of your choice. This is ideal for post golf or horse riding activities. A hot & cold towel compress application to your hands & feet complete this treatment leaving you feeling light and energized.

1 hour, 30 minute treatment Weekday: $175; Weekend: $185

Indulgence Bath:

Experience nirvana while being immersed in a blissful soak of moisturizing bubbles; this is perfect after exposure to the sun. This is followed by a full body and scalp massage of your choice. A cooling lotion application completes this thoroughly refreshing treatment.

1 hour, 30 minute treatment Weekday: $175; Weekend: $185

Blokes' Soak Bath:

Soak in a custom blend of mineral infused oils to release tension in muscles following a day of golf. Enjoy the view and totally surrender all sense to the experience. This is followed by an integrative deep tissue massage to target specific problem areas. A relaxing scalp massage completes the treatment leaving you feeling fit and ready to play again the next day.

1 hour, 30 minute treatment Weekday: $175; Weekend $185

Please Note: All Bathing experiences are offered in Spring, Summer and early Fall seasons only

Hydro Therapy – Micro Buff Exfoliation

Experience the hydro capsule machine in a skin softening and renewing treatment. It begins with a full body sugar or micro buff polish that will leave your skin tantalizing smooth. After exfoliation the technician performs a face and scalp massage, whiles your body steams inside your hydrotherapy capsule. The built in shower then rinses you after a quick dry the technician applies a nourishing scented lotion that will leave you reenergized and radiate with a soft glow.

Weekdays $115 Weekend $130

Mother's Minute - Soak:

Organic Mother's bath oil designed to replenish and relax with uplifting skin nourishing essential oils. 20 minute soak to soften and sooth, safe for use during and after pregnancy. Pair with the 50 minute prenatal massage during the Spring thru Fall months. Not available in winter.

Weekdays $55 Weekend $65

Spa Fare

Delicious light healthy snacks served to you in the comfort of the indoor or outdoor relaxation areas. Stay in your robe and enjoy post treatment.

Light Snacks:

- Cheese & Cracker Plate

Gourmet Smoothies:

- Strawberry
- Raspberry
- Pomegranate

Beverages:

- We offer a selection of Sparkling Wines, Wine, Beers and Juices

Sample menu only, Selections may change due to the availability of seasonal ingredients.

Spa Salon Services

"Achieve a look that emphasizes your natural beauty"

Make Up:

- Make Up Application $40
- Formal Make Up Application $55
- Eye Lash Applications only $35

Hair:

Special Occasion Style:

- Short $45, Medium $55, Long Hair $65

Shampoo & Style:

- Short $45, Medium $50, Long Hair $60

Hair Cut

- Women's Haircut Only $40
- Women's Haircut and Shampoo and Style: Short $45, Medium $55, Long $65

Hair Color

- Hair Color Retouch Only $80
- Hair Color Virgin application $85
- Highlights with foils $125
- Highlights with cap $105
- Highlights with individual foils $15 each

Spray Tan Service:

- Using Norvell Products $40

Other Services:

Eyebrow Tweezing; Arching; Re shaping
Waxing services
Call for information and pricing

Bridal Packages:

Please contact the Spa Director for Bridal Party information, mshirley@brasstownvalley.com
Onsite bridal hair & make up services are available by appointment.

Trial Run Bridal Veil Placement and Make Up sessions are available by appointment

Men's Services:

- Men's Haircut $30
- Haircut with Shampoo & Blow Dry $45
- Men's Neck Trim $30

The Equani Spa Heritage

Inspired by the native Cherokee, the Equani Spa has carefully integrated unique elements and activities indigenous to the Tribe that stimulate and replenish your mind, body and soul.

Special message from Joyce Dugan

The Equani Spa is located in a very special Cherokee place that, if you're very still and quiet, will give you solitude without loneliness, and a sense of peace and tranquility that is the true essence of this valley.
Native people throughout this country have often been dishonored through misrepresentation of our cultural/traditional beliefs and customs, so it was with great relief and pleasure for me to visit The Equani Spa and witness for myself the tasteful and elegant representations of the Cherokee culture. Being located on traditional Cherokee lands makes it even more critical that the representations are accurate, and it is evident that much thought and preparation were put into the design and development of the Spa, including seeking the advice and input of many Cherokee people.
Wa-do (thank you) to all those who had a part.
Joyce Dugan
Former Chief of the Eastern Band of Cherokee Indians -1995 to 1999
*the first woman ever elected to the position

Preserving Cultural Resources:

The Georgia Department of Natural Resources sought to develop Brasstown Valley Resort & Spa without adversely affecting the site's cultural resources. Prehistoric and historic archaeological sites within resort boundaries were identified by intensive archaeological survey. Resort designers avoided sites so that they would be preserved with no impact from resort development.
The Georgia Department of Natural Resources worked with the Eastern Band of Cherokees to insure that the excavation of archaeological sites was carried out in a manner that was sensitive to Native American traditions and values. Historic artifacts were found such as types of stamped Indian pottery along the Brasstown Creek sites and where sites could not be avoided; significant scientific information was recovered by large scale archaeological excavation.
The Georgia Department of Natural Resources has attempted, in every aspect of its continuous development of the Brasstown Valley Resort & Spa, to exercise responsibility and sensitive stewardship of an area with significant historic importance to the citizens of this state.
During the entire course of the archaeological investigations, the area was constantly patrolled by Georgia Department of Natural Resources enforcement personnel to insure that the excavations were not disturbed or vandalized. Ultimately, no burials were excavated or disturbed by the archaeological work.